

# ***Come Dine With Me at your local hospital***



## ***We need your help to make a difference - why not become a 'Dining Companion'***

A dining companion is a volunteer who sits with a patient on a one to one basis and provides assistance to help them to eat.

### ***How you can make a difference:***

- You will have time to devote to that person
- You can make eating easier for them
- You can make mealtimes enjoyable
- You can make the environment in which they eat, more acceptable

**Full training will be provided**  
**For further details please call Chris Pilkington**  
**on 01704 704955 or email: [chris.pilkington@nhs.net](mailto:chris.pilkington@nhs.net)**